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**Eat to Live: The Revolutionary Formula for Fast and Sustained Weight Loss**

by **Joel Fuhrman**



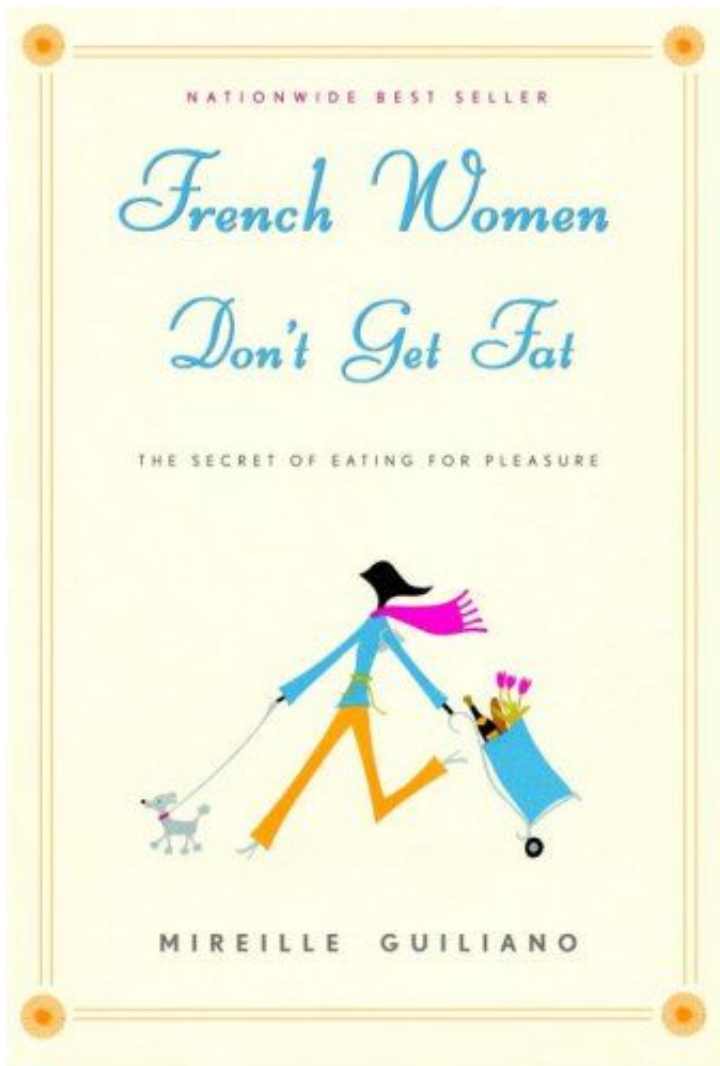
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When Mehmet O or any of New York's leading doctors have a patient whose life depends on losing weight, they call on Joel Fuhrman, M.D. In EAT TO LIVE, Dr. Fuhrman offers his healthy, effective, and

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